

The EPIC Participant Advisory Panel met in Norwich on Monday 17<sup>th</sup> July 2023. There were fifteen participants and four researchers in attendance. One participant sent their apologies for not being able to attend.

## **Welcomes**

The panel welcomed Stephen Knighton to the meeting. Steve Knighton is a samples facility manager at the MRC Epidemiology Unit and has been employed by University of Cambridge as a part of the EPIC-Norfolk study since 2002. Steve joins the meeting on Zoom.

Member of the research team attending the meeting include Nicola Kimber, Alex Faria, Alex La Frenais and Kate Westgate. Abi Britten and Nick Wareham both joined the meeting on Zoom.

## **Talk: "The New Samples Storage Facility in Waterbeach" (Steven Knighton)**

At the last EPAP meeting there was a request to hear more about how the EPIC-Norfolk samples are stored, as well as how samples are selected for projects.

Steve Knighton, the Sample Facilities Manager who manages the MRC Epidemiology Units research centre in Waterbeach joined the meeting and gave a presentation to the panel about the new storage facility that now stores all the EPIC-Norfolk samples.

## **Plans for the EPIC-Norfolk Public Meeting**

EPIC-Norfolk started recruitment in 1993. 2023 marks the 30<sup>th</sup> Anniversary of the Study. It was decided that a public meeting should be held to mark this milestone anniversary. The last participant meeting was in 2013 to mark the 20<sup>th</sup> Anniversary of EPIC-Norfolk research.

## **Proposed title: 30 years of EPIC-Norfolk. What have we learnt?**

- Proposed date: Wednesday 6<sup>th</sup> September 2023
- Confirmed Speakers: Professor Nick Wareham & Professor Nita Forouhi
- Number of talks: 2 identical talks of 60minutes plus 30minutes Q&A
- Proposed times: 10:00am-11:30am and 1:00pm-2:30pm
- ***Venue: The Enterprise Centre, UEA***
- Participants can also attend remotely online.
- There will be 220 tickets available for each event, 1000 tickets for the event online which will be bookable via Eventbrite, telephone or email.

The layout of the lecture room, accessibility requirements and car parking/travel arrangements to the venue were discussed in detail. The panel reviewed the Participant Invitation Letter to the Public meeting and provided revised wording.

There was feedback on use of the **EventBrite** ticket booking system which was positive, where the panel found it to be very clear and straightforward to use.

There was discussion on ***"Suggestions for talks and topics participants would like to hear about in the public meeting"*** and it was agreed that posters would be sent out in advance to the panel for feedback to check suitable for the public meeting.

It was noted that members of the Panel were keen to volunteer at the event and would be desirable to have panel representation at both meetings.

**Date of next meeting: TBC**